

1 Jelpful fints

- When it comes to finding your ring size, timing is everything. Measure in the morning when your body is cool - that way swelling won't affect the measurement.
- This might seem obvious, but make sure to measure the finger you plan to wear your ring on. Dominant-side fingers are usually a bit larger than fingers on your opposite hand.
- A tip to remember: a wider band means a tighter fit. Consider a bit of wiggle room if you're going bold.
- Large knuckles can make sizing tricky. Find a size that allows you to slip the ring over your knuckles but isn't loose enough to fall off.
- Some rings can't be resized. Special metals like tungsten, titanium, cobalt, stainless steel and platinum fall into this category. This includes rings designed with gemstones all the way around like eternity bands.



Constructions

To obtain an accurate ring size measurement scaling must be set to 100% before printing.

Ensure you un-click any "scale to fit" boxes.

Place a ring that fits the finger you would like to size onto the chart and match to the fit on the page.

If your ring doesn't fit any of those on the charts, you may be between sizes.

Please also note that the most accurate way to find your ring size is to speak with a qualified jeweller.

Atternative Poute

If you have ribbon, string, paper, or even dental floss at home, it's easy enough to figure out ring size.

- Use a tape measure, piece of string, or even a piece of paper and wrap it around the base of the finger.
- Mark where it overlaps then use a ruler to measure this distance in millimeters.
- Check this length against a ruler and compare to the chart on the next page.
- Voila, ring size.



Global RIng Size Guide

Diameter (mm)	Circumference (mm)	Ring Size UK	Ring Size EU	Ring Size US	Ring Size General
12.04	37.8	А	38	0.5	12
12.45	39.1	В	39	1	12.5
12.85	40.4	С	40	1.5	13
13.26	41.7	D	42	2	13
13.67	42.9	Е	43	2.5	13.5
14.07	44.2	F	44	3	14
14.48	45.5	G	45	3.5	14.5
14.88	46.8	Н	47	4	15
15.29	48	Ι	48	4.5	15
15.49	48.7	J	49	5	15.5
15.9	50	К	50	5.5	16
16.31	51.2	L	51	6	16
16.71	52.5	М	52	6.5	16.5
17.12	53.8	Ν	54	7	17
17.53	55.1	0	55	7.5	17.5
17.93	56.3	Р	56	8	18
18.34	57.6	Q	58	8.5	18
18.75	58.9	R	59	9	18.5
19.15	60.2	S	60	9.5	19
19.56	61.4	Т	61	10	19.5
19.96	62.7	U	63	10.5	20
20.37	64	V	64	11	20
20.78	65.3	W	65	11.5	20.5
21.18	66.6	Х	67	12	21
21.59	67.8	Y	68	12.5	21.5
21.79	68.5	Z	69	13	22





